



Tech tips

Setting up Zoom

Zoom can keep you connected with your loved ones.

Here is a really helpful video on Youtube which shows the step by step process to set up **zoom** on your phone or computer if you are using it for the first time.

Have a look at this video [How to set up Zoom on your computer](#) and it will help with getting started. Its an easy process and should take no longer than 5 minutes to set up.

Setting up Google Hangout

Google Hangout is another way that you can connect with your family and friends, either on your mobile, or your computer.

Here is a really helpful video on Youtube which shows the step by step process to set up **google hangouts** on your phone or computer if you are using it for the first time.

Have a look at this video [How to set up Google Hangout](#)

Setting up a Google gmail address

You will need a gmail account to start do this. If you don't have a gmail account - watch this to set it up.

[How to set up a Gmail address](#)



Netsafe's tips to help people #STAYCONNECTEDSTAYSAFE

Netsafe has launched the 'Stay Connected, Stay Safe' education campaign to help people have better online experiences during lockdown. Netsafe encourages people to use and engage with all the different types of technology on offer to help them stay connected and provides tips and advice about how to do it safely.

- 1. Do a stocktake:** Assess how many devices in your house connect to the internet to understand where the risks are and start to mitigate them
- 2. Assess new technology:** Investigate new apps or platforms by checking out T&Cs, reviews and minimum age requirements before using them.
- 3. Secure your virtual house.** Use strong passwords, update your software and use two- factor authentication where possible.
- 4. Share your experience:** Talk to your friends and family about the technologies you use and let them know the tips and tricks you use to eliminate risk.
- 5. Combat misinformation: Guide people to official information sources like [covid19.govt.nz](#) to stop the spread of fake news.**
- 6. See something, say something:** If you see suspicious or criminal activity online, report it. If you don't know where to report, Netsafe can help.
- 7. Practice safe clicking:** COVID-19 is being used as a lure so be careful clicking on links, attachments or ads from unknown sources as they might be hiding malware.
- 8. Protect your info:** Criminals are harvesting personal information. Stop and think carefully about the details you're disclosing or whether they need to be entered online.
- 9. Have fun:** Explore the different technologies available to help you connect, learn, stay informed and participate in Aotearoa's new virtual society.
- 10. Help others:** Share your online safety tips and experiences using #stayconnectedstaysafe to help others.

If there's any topic that you'd like to know more about or ideas on how to contribute, please email us. Netsafe provides free support, advice and education – whether it's scams, online bullying or advice on digital parenting, we're here to help New Zealand.

www.netsafe.org.nz/advice/staying-safe

Scams

On a not so positive note, we've been made aware of one or two COVID-19 scams circulating in the community.

CERT NZ (the national Computer Emergency Response Team) says that international partners have warned them of an increase in reports of cyber criminals using the COVID-19 (novel coronavirus) pandemic to carry out online scams and malicious cyber

activity. This includes attempts to use the COVID-19 pandemic to trick people into downloading malware from COVID-19 maps, or entering their details into phishing websites.

A small number of reports of a COVID-19 phishing campaign have been reported to CERT NZ. The phishing emails claim to include an update on

COVID-19 cases in your city'. **These emails are not legitimate, and instead are an attempt to steal personal information. If you receive a similar email, Report to CERT NZ - follow this link: [Report an issue](#)**

You can learn more through the links below:

[COVID-19 related scams](#)
[Food Parcel scam in Taranaki](#)



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